

## Why Pediatric Dental Care is Important

3 Reasons Why Early Childhood Dental Care Is So Important:

<https://mypenndentist.org/2019/04/17/early-childhood-dental-care/>

Understand the Impact of Children's Oral Health on Their Overall Health:

<https://penndentalmedicine.org/childrens-oral-health/>

Anticipatory Guidance for Pediatric Dental Care:

<https://inside.apps.dental.upenn.edu/references/pediatric/>

Caring for your Children's Teeth:

<https://www.mouthhealthy.org/en/babies-and-kids>

Dental Hygiene for Children Doesn't Have to Be Hard. Read These 5 Tips!:

<https://mypenndentist.org/2016/10/26/dental-hygiene-for-children/>

## Preparing for the First Dental Visit

How to Find a Dentist in Your Area:

<https://mouthmonsters.mychildrensteeth.org/>

First Dental Visit:

<https://www.mouthhealthy.org/en/babies-and-kids/first-dental-visit>

The Parents' Guide to Diverse and Affordable Pediatric Dentistry Options:

<https://penndentalmedicine.org/affordable-pediatric-dentistry-options/>

**Recommend books and videos to help children prepare for the dentist.**

Daniel the Tiger Goes to the Dentist!:

<https://pbskids.org/video/daniel-tigers-neighborhood/3020002532> (video)

Peppa Pig Goes to the Dentist:

<https://www.amazon.com/Dentist-Trip-Peppa-Pig-Scholastic/dp/0545891469> (book)

<https://www.youtube.com/watch?v=KiMY3irowPQ> (video)

Bernstein Bears:

<https://www.penguinrandomhouse.com/books/12238/the-berenstain-bears-visit-the-dentist-by-stan-and-jan-berenstain-illustrated-by-the-authors/> **(book)**

<https://www.youtube.com/watch?v=7e7D5HyYodo> **(video)**

## Braces and Tooth Repair

Three Broken Tooth Repair Options You'll Be Glad to Know About:

<https://penndentalmedicine.org/broken-tooth-repair/>

Talking to Your Teen: Three Tips for Getting Braces When It's Time:

<https://penndentalmedicine.org/tips-for-getting-braces/>

Problems to Watch for in Growing Children & When to see an Orthodontist:

[https://s3.amazonaws.com/mlmsz/pdfs/PTWF\\_Grow\\_Child-17-hl.pdf](https://s3.amazonaws.com/mlmsz/pdfs/PTWF_Grow_Child-17-hl.pdf)

## Nutrition

Sugar Stacks:

<http://www.sugarstacks.com/beverages.htm>

## Shopping List

ADA Seal Product Shopping List:

<https://www.ada.org/en/science-research/ada-seal-of-acceptance/ada-seal-shopping-list>

Flossers: Suprafloss, or floss picks especially designed to adapt around the brackets:

[https://www.amazon.com/Platypus-Ortho-Dental-Flossers-30-Flossers/dp/B01BW3L6C4/ref=sr\\_1\\_3?fst=as%3Aoff&m=ASEVS99O6FS73&qid=1583173699&refinements=p\\_4%3APlatypus&s=merchant-items&sr=1-3](https://www.amazon.com/Platypus-Ortho-Dental-Flossers-30-Flossers/dp/B01BW3L6C4/ref=sr_1_3?fst=as%3Aoff&m=ASEVS99O6FS73&qid=1583173699&refinements=p_4%3APlatypus&s=merchant-items&sr=1-3)