



Before Treatment Instructions: Sedation-Anesthesia

1. Patients should have nothing by mouth from midnight the night before their scheduled surgery appointment. This also means nothing, any gum, candy, cough drops, or lollipops the morning of the appointment. This practice will minimize the danger of nausea or vomiting while under anesthesia. The surgery will be canceled if the patient has anything by mouth.
2. Patients must be accompanied by a responsible adult companion or guardian who will escort the patient home following treatment and remain with the patient for the balance of the treatment day. Without exception, a parent or legal guardian must accompany patient under the age of 18. Escorts must accompany the patient and stay in the office until the procedure is completed. Patient will not be allowed to walk home, no matter how close they live. The patient's escort may call a taxi if a ride is not available.
3. Patients must wear loose fitting garments on the day of treatment, to facilitate placement of monitoring equipment and intravenous lines.
4. After treatment is completed, the patient should plan to spend the balance of the day resting at home.
5. Contact lenses must be removed prior to treatment, it is recommended to wear your glasses if possible.
6. The patient should use the restroom facilities prior to treatment.

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